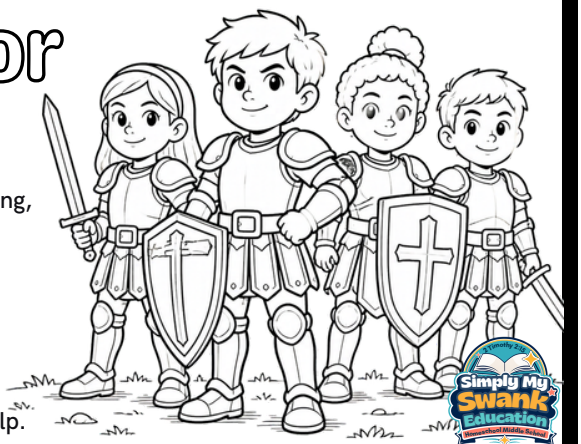
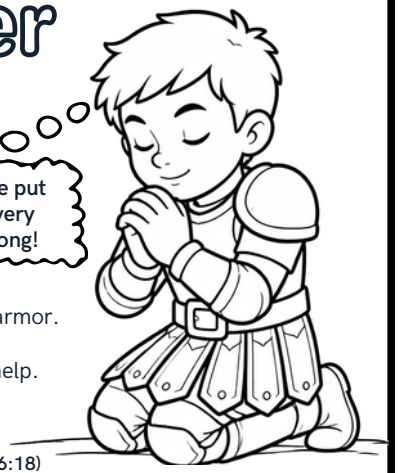
The Armor of God

God gives us tools
to help us stand strong,
make wise choices,
and follow Him
when life feels hard.

Armor is not
magic or a costume.
It reminds us how
to live with God's help.



Remember to Pray!



Prayer is how we talk with God
and ask for help using every piece of armor.
Pray about a tough choice, a worry,
a friendship, or someone who needs help.

"And pray in the Spirit on all occasions with all kinds of prayers and requests."
(Ephesians 6:18)

BELT OF TRUTH



Truth helps me be honest, brave, and clear.

HOW I USE IT LIKE JESUS:
I tell the truth, admit mistakes, and speak honestly with love.

"Therefore each of you must put off falsehood and speak truthfully."
— Ephesians 4:25

"Then you will know the truth, and the truth will set you free."
— John 8:32

TRY IT TODAY:
Tell the truth, even when it is hard.

BREASTPLATE OF RIGHTEOUSNESS



Righteousness helps me choose what is right and loving.

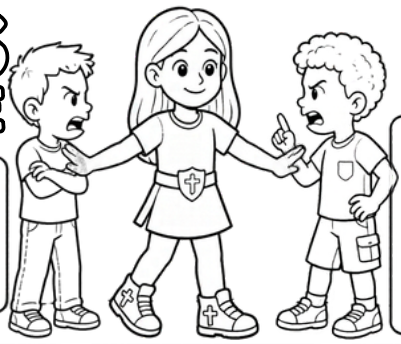
HOW I USE IT LIKE JESUS:
I do what is right, care for others, and stand up for someone who needs help.

"Whoever claims to live in him must live as Jesus did."
— 1 John 2:6

"He has shown you, O mortal, what is good... To act justly and to love mercy and to walk humbly with your God."
— Micah 6:8

TRY IT TODAY:
Choose the loving and honest action.

SHOES OF PEACE



Peace helps me bring kindness wherever I go.

HOW I USE IT LIKE JESUS:
I calm conflict, apologize, forgive, include others, and share good news gently.

"Blessed are the peacemakers, for they will be called children of God."
– Matthew 5:9

"Make every effort to keep the unity of the Spirit through the bond of peace."
– Ephesians 4:3

TRY IT TODAY:
Take one kind step toward peace.

SHIELD OF FAITH

Faith helps me trust God when I feel afraid or unsure.



HOW I USE IT LIKE JESUS:
I remember God's promises, pray for help, and keep trusting Him.

"We live by faith, not by sight."
– 2 Corinthians 5:7

"Trust in the Lord with all your heart..."
– Proverbs 3:5

TRY IT TODAY: When worry comes, hold on to God's truth.

HELMET OF SALVATION



Salvation protects my thoughts and reminds me that I belong to Jesus.

HOW I USE IT LIKE JESUS:
I remember God's love, reject lies, and fill my mind with what is true and good.

"...putting on faith and love as a breastplate, and the hope of salvation as a helmet."
– 1 Thessalonians 5:8

"Be transformed by the renewing of your mind."
– Romans 12:2

TRY IT TODAY: Think about one true thing God says about you.

SWORD OF THE SPIRIT



God's Word helps me know what is true and choose what is wise.

HOW I USE IT LIKE JESUS:
I read the Bible, remember its teaching, and use truth to guide my choices.

"Your word is a lamp for my feet, a light on my path."
— Psalm 119:105

"Do not merely listen to the word... Do what it says."
— James 1:22

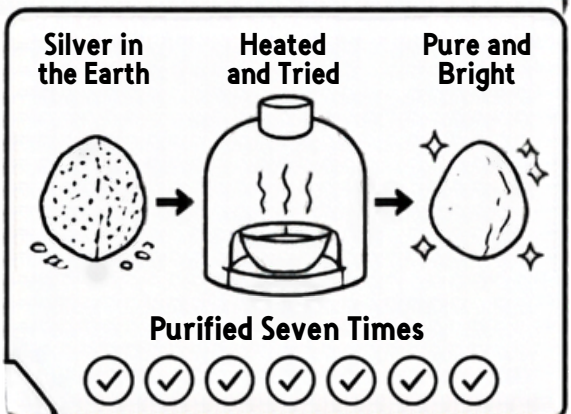
TRY IT TODAY:
Read the Bible and live it out.

God's Words Are Pure.

"The words of the Lord are pure words,
Like silver tried in a furnace of earth,
Purified seven times."

Psalm 12:6





Pure words are completely trustworthy.
Just like silver is heated and cleaned until it is pure,
God's words are true, reliable, and free from lies.

Use God's Word When You...



1. Feel confused: Check what is true.



2. Feel worried: Remember God's promises.



3. Need a choice: Ask what is wise and loving.



4. Hear a lie: Compare it with God's Word.

STOP ○ CHECK ○ CHOOSE



Stop and pause.



Check God's true Word.



Choose to speak and live like Jesus.

God's Word is a trustworthy tool for everyday life.